

Ron Fontaine/U.S. Navy photo

The Naval Construction Battalion Seabee statue outside Building 11, Simonpietri Drive, gets another frosting of snow that fills its cover. Snowfall has become almost a regular occurrence this winter.



'Survivor' looks back

Navy Newport's contestant in 'Survivor: Thailand' was fourth runner-up, but found the experience enriching.

— Page 2



NACC sends 2 to Comfort

Two staff personnel from Naval Ambulatory Care Center join the USNS Comfort crew, and deploy from Baltimore.

— Page 3



Decorations win awards

Second annual Holiday Decorations Contest singles out the best displays in Navy family housing.

— Pages 8-9

Ousted 'Survivor' feels life enriched

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

She didn't come home a millionaire, but Helen Glover of Middletown said her life is far richer today for non-monetary gains after being a contestant on the CBS reality show, Survivor: Thailand.

Now back in civilization," instructor at Naval

Station (NAVS-TA) Newport reflected on the time spent last s u m m e r on Ko Tarutao island where she vied to "outlast, outwit and out-

\$1 million prize. Assertive, competitive and witty, Glover made it to the final four competitors before being voted off on the 37th day of

the 39-day adventure. "I never would have entered without intending to win," said Glover, who admits being too trusting cost her the game. "I am not a good loser.'

The ultimate winner was Brian Heidik, a 34-year-old used car salesman from Quartz, Calif., who allied with Glover throughout the show. But he eventually orchestrated scheme to vote her off.

"I was furious," said Glover. "I was duped and duped good. There were two things I needed

to hear from him...an apology, and that he did it (voted me off) because I was a threat."

Glover said their alliance was formed through a common hard work ethic. They regularly swam four miles round-trip every two days to bring fresh drinking water back to camp.

During her days on the island, she steered clear of conthe 47-year-old water survival troversial topics as religion and politics, and often bit her

tongue to refrain from being too

"I had to use diplomacy, but the longer you're there, the real personality starts to come out.'

The daughter of a career play" 15 other castaways for a Marine, Glover said the military prepared her well. She credits her experience as a military child, the physical demands of her Navy job, and the military's philosophy for adaptability, team building, and respect for diversity.

> "We transferred every year when my father was active duty," she said. "I had to learn to roll with the punches, adapt real quick, and learn how to make friends.'

Glover's interest to apply piqued as she watched fellow Middletowner Richard Hatch compete and win the \$1 million prize on the inaugural Sur*vivor* in fall 2000. Her husband, I.Q. and psychological testing. Jim, challenged her to apply.



and Training Center, poses at Pool 307, Naval Station Newport. She was a contestant in the television reality show, Survivor: Thailand, last year.

looked impressive on paper, an accompanying video made her stand out among 65,000 others. The video showed her teaching a simulated class and demonstrating water survival

"I just showed what I do every day... working in a physically demanding job that is non-traditional for a woman."

She was among 500 selected in the first round, and was interviewed in Boston. She made it through the next cut as one of 48 finalists and was flown to Hollywood for two weeks of intense interviews, plus physical,

Once on the island, it wasn't

physical conditioning was only part of the equation. Glover said it also took mental strength.

She was selected for the tribe, Chuay Gahn, which was ridiculed.

We weren't young enough, pretty enough or appeared athletic enough, but our determination and maturity helped maintain focus and stay strong as a team."

For the most part, Glover said she found the challenge easier than she thought it would be. But nothing was more challenging than fighting starvation.

The basic diet consisted of Although her application long before she realized that boiled leaves, coconut, mus-

sels and an occasional trace of crabmeat.

"It was basically flavored water," said Glover, who estimates she lost about 30 pounds.

"After a while you'd start losing mental faculties, along with body weight. You couldn't focus. We went to bed hungry and woke up to no food. "

During memory games played at night, the contestants sometimes had trouble recalling their own addresses and phone numbers.

The highlight of the ordeal was a 24-hour visit by her husband. In a contest, he beat out relatives of the other contes

SURVIVOR, Page 6

Martin Luther King observance set

Naval Station (NAVSTA) Newport will observe Martin Luther King Jr. Day on Jan. 17 at 10 a.m. in Capt. Howard N. Kay Hall. The eremony will be open to military and civilian employees of NAVSTA Newport and tenant commands.

The program includes a live audio version of Dr. King's I Have A Dreamspeech; a recitation of his poem, "Nonviolence or Nonexistence"; and a performance by the Navy Band Northeast's Brass Quintet and

Clifford Montiero, President of state legislatures.

the Providence branch of the NAACP.

He participated in the March on Washington in 1963, and in 1965 the March from Selma to Montgomery.

Montiero's presidental position is strictly voluntary and consumes approximately 60 to 70 hours a week. The new philosophy of the NAACP is to enhance police and community relationships, take care of employment and housing issues, ensure the public defenders office is used properly, and teach The keynote speaker will be the people how to lobby the

Montiero is co-founder of the former Opportunities Industrialization Center (OIC) for job training in Providence, and the Citizens United Renewal Enterprise, Inc. (CURE) that promotes home owner-

A luncheon will follow at Ney Hall galley with a southern menu. It will include shrimp and chicken gumbo, barbecue chicken, fried catfish with hushpuppies, southern dirty rice, baked macaroni and cheese, candied yams, collard greens, and easy chocolate cake.



Capt. Ruth A. Cooper Commanding Officer, Naval Station Newport

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NACC personnel join USNS Comfort

Military Sealift Command PAO

BALTIMORE (NNS) — U.S. Navy hospital ship USNS Comfort (T-AH 20) sailed from Baltimore on Monday in support of the global war on terrorism. Active duty aboard included one enlisted and one officer from Naval Ambulatory Care Center, Newport.

Comfort, maintained in reduced operating status in a Baltimore berth, departed with a core element of its medical staff aboard to prepare the medical treatment facility (MTF) in the event it is needed for future contingencies.

Comfort's 1,000-bed medical treatment facility, one of the largest trauma centers in the United States, can provide emergency, on-site care for U.S. combatant forces deployed in wartime or other operations. Comfort's secondary mission is to provide full hospital services to support U.S. disaster relief and humanitarian operations worldwide.

Lt. j.g. Patricia De Paez, the Plans, Operations and Medical Intelligence (POMI) officer at NACC Newport, said a second class master-at-arms and a Nurse Corps commander received orders after Christmas



HM2 Michael Duff/U.S. Navy photo

PROVIDING COMFORT— The Navy hospital ship USNS Comfort, shown berthed in New York Harbor after Sept. 11, 2001, left Baltimore on Monday for medical support to the war against terrorism.

and deployed with the ship.

"They are part of the platform's critical core staff," she said. "We have other personnel here standing by to deploy if the situation warrants over-

Comfort is crewed by 61 civilian mariners who operate the ship. For this deployment, more than 300 active-duty Navy personnel, predominately from the National Naval

Medical Center in Bethesda, of medical trauma, including Md., were embarked.

The ship's hospital staff at full operating status is approximately 1,200.

One of two Navy hospital ships, Comfort is 894-feet long and essentially a hospital offering a full spectrum of surgical and medical services within a ship. The ship is equipped to care for the victims of all types

the effects of a chemical or biological attack.

Comfort has participated in events around the world since being delivered to the Navy in 1987. She served in Operations Desert Shield and Desert Storm in 1990.

A number of things...

54

The number of senior enlisted members who graduated from Class 104, Senior Enlisted Academy, last month. Story, Page 4.

1,000

The number of beds for patients aboard the Navy hospital ship USNS Comfort which sailed from Baltimore this week in support of the global war on terrorism. Story, this page.

37

The number of days that water survival instructor Helen Glover lasted before being ousted from Survivor Thailand, the CBS reality show, which concluded last month. Story, Page 2.

400,000

The number of military pharmacy mail order customers who will be switched March 1, 2003, to a new TRICARE Mail Order Pharmacy program under Express Scripts Inc.

NUWC, Coast Guard unite for undersea security task

The Naval Undersea Warfare Center (NUWC) Division Newport, and the Coast Guard Research and Development Center, (R&D Center) Groton, Conn., have signed a Memorandum of Understanding (MOU) for homeland security and technical support.

Under the agreement, the R&D Center and NUWC will cooperate and collaboratively work on the Coast Guard's Underwater Security Program.

The Underwater Security Program is an R&D Center initiative to provide the Coast Guard with information, technology assessments, system engineering, and a one-stop knowledge brokering service for underwater inspection, detection, response, and training development needs in its homeland security mission.

Consistent with the national

Navy and Coast Guard will coordinate resource planning, information systems integration, and research and development, as well as expand joint concepts of operation, logistics, training, exercises, and de-"The Coast Guard and Navy

will work together to acquire and maintain forces that mutually support and complement each Service's roles and missions." According to R&D Center's commanding officer Capt. F. Dutch, "Research collaboration between the Coast Guard and Navy will lead to technological enhancements and reductions in cost and development times that will ultimately benefit both services."

The MOU will exploit each the ultimate goal of providing plish the mission.

fleet policy statement, "The better products and services to both entities by strengthening and expanding cooperation between the parties in such areas as technology trade, exchange of personnel, assistance with environmental impact assessment, joint research projects, system assessment, testing and evaluation, training and logistics.

> Under terms of the MOU **NUWC's Division Newport will** establish one or more full time field positions at the R&D Center in Groton.

This position will be responsible for strengthening and expanding cooperation between the parties and assisting the Coast Guard R&D Center in their efforts to provide Coast Guard operational forces with organization's strengths with the necessary tools to accom-



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Senior Enlisted Academy graduates Class 104

CMDCM RALPH RAO

Senior Enlisted Academy PAO

The Senior Enlisted Academy (SEA) graduated its 104th class Dec. 19. Rear Adm. John P. McLaughlin, Commander Naval Reserve Forces Command, New Orleans, La., was the guest speaker.

The SEA prepares selected senior enlisted leaders in paygrades E-8 and E-9 for future challenges in leadership and management responsibilities. Fifty-four senior enlisted leaders from the Navy, Air Force, and Coast Guard comprised the 104th graduating class.

Class 104 started its nineweek course last Oct. 16. During the pursuing weeks, these senior enlisted leaders immersed themselves, using small group facilitation, in a range of topics from leadership theories, models, and management techniques; to communications, national security affairs; Navy programs; and health and physical fitness.

The curriculum also provides for guest speaker geopolitical and background briefs on a variety of disciplines.

Included in the overall model are heritage visits to Recruit



SEA/U.S. Navy photo

SENIOR Enlisted Academy Class 104 poses outside Tomich Hall before graduation ceremonies recently.

Training Command, Great Lakes, and the frigate USS Constitution in Boston.

These visits re-connected students with recruit development and our proud naval her-**GRADUATION, Page 13**

Go the Distance at Roger Williams University

Top division officers honored in Class 151

By LT. GARY ROSSA SWOSDOC Public Affairs Officer

Graduation ceremonies were held Dec. 20 for the 200 junior officers in Division Officer Course Class 151, Surface Warfare Officers School Command (SWOSCOLCOM).

Many of the graduates demonstrated superior performance during the 16-week curriculum. Ens. Derick Wingler, USNR, was awarded the Adm. Arleigh Burke Award, the highest award given to a Division Officer Course graduate.

The award is given to the one student who is nominated by his classmates and the Division Officer Course Staff for exhibiting the finest professional characteristics and leadership as exemplified in the common the Engineering portion of the traits of successful leaders in curriculum. the fleet.

Other graduates also earned recognition for their accomplishments while attending the Surface Warfare Officers School.

Ens. Alpa Patel, USNR, was awarded the U.S. Navy League Achievement Award for professionalism and performance. Ens. Corey Parris, USNR, achieved the highest grade point average overall.

Ens. Scott Ireton, USNR, achieved the highest gradepoint average in the Operations portion of the curriculum, Ens. Corey Parris, USNR, also achieved the highest grade-point average in Combat Systems, and Ens. William Buford, USNR, achieved the highest grade-point average in

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Navy cable to provide 16 telecourses from CCRI

By GREG KOHLWEISS

Newport Naval Cable TV Manager

Newport Naval Cable Television and the Community College of Rhode Island (CCRI) offer 16 telecourses to military personnel for college credits

that can be earned at home, beginning Tuesday, Jan. 21.

The telecourses are delivered solely through television. Students only need to visit CCRI for orientation sessions, workshops,

Naval Cable

seminars and examinations. Regis-

tered students will receive their instructor's phone numbers if they have questions. Credits for these courses are transferable to other institutions.

To view a particular course, note when it is airing on Newport Naval Cable and tune in during the broadcast date and time of the course. Courses offered on channel 13 for the 2003 Spring semester are:

Personal Finance (3 credits) -The wise use of financial resources today requires more than an income-producing job and simple subtraction skills. In today's world, an individual must approach his or her financial needs with the savvy of an investment counselor managing the affairs of the company's most important client.

Airs Monday, 10 to 10:55 a.m., and 6 to 6:55 p.m.

Principles of Management (3 credits)- This vital and insightful business management telecourse provides an overview of management with an emphasis on the competencies that are essential for success.

"Taking the Lead" features such noted authorities as Warren Bennis, John Kotter, George Labovitz, and William Ouchi, and provides students with an inside view of management in a variety of businesses, including General Dynamics, Hybritech, Patagonia, and the Four Seasons Hotel.

Airs, Tuesday, 11 to 11:55 a.m., and 7 to 7:55 p.m.

Composition I (3 credits)— Each program presents a principle of writing, and how it applies to real-life situations through the use of case studies. The case study approach provides a graphic illustration of the practical importance of writing and helps students improve their writing skills.

Airs, Wednesday, 10 to 10:55 a.m. and 6 p.m. to 6:55 p.m.

History of the U.S. From 1877 (3 credits)-Subtitled, "America in Per-

spective," this course helps students our world demand that we analyze, think about the larger domestic community, past and present, as well as the relationship of the United States with the rest of the world.

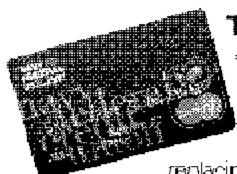
Our personal lives, our nation, and

evaluate, and make reasoned judgments about people, leaders, positions and issues.

CCRI COURSES, Page 13

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MARTIN LUTHER

Dr. King

ian employees of NAVSTÁ Newport.

The program includes the live audio version of Dr. King's I Have A Dream speech; a recitation of his "Nonviopoem, lence or Nonexistence"; and a performance by the Navy Band Northeast's Brass Quintet and a soloist.

The keynote speaker will be

Clifford Montiero, President of the Providence branch of the NAACP.

A luncheon will follow at Ney Hall galley with a southern menu open to all commands and activities at NAVSTA Newport.

TODAY, Jan. 10

- Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.
- Soup Kitchen at MLK Center welcomes military volunteers, 8:30 a.m.
- Soup Kitchen at Salvation Army welcomes military volunteers, 5 to

band. In a contest, he beat out relatives of the titude."

other contestants by swallowing ants, grubs, a

Chris Hague, Glover's supervisor at the pool,

"The only change is physical," said Hague, referring to Glover's weight loss. "Her family still

comes first, she's self-assured and very fo-

Co-worker Karen Ferris agreed. "She came

back down to earth...the same as when she

left," she said. "The attention hasn't changed

Glover said before Survivor she tended to

compete with the neighbors ... to keep up with

the Joneses. "Now even with the big check

(\$70,000 before taxes) I'd stop and ask myself,

'do I really need this.' I hope I don't lose that at-

Did the game change her personality?

said Helen is still Helen, only intensified.

Survivor

Continued from Page 2

water bug and a tarantula.

• Candlelight Tour, Belcourt Castle, 6 p.m., 846-0669.

· Recreation Center movie night, at 6 p.m., Reign of Fire (PG-13), at 8 p.m., Road to Perdition (R).

SATURDAY, Jan. 11

- Red Cross First Aid Basics Course, Clements' Market, 2575 East Main Road, 10 a.m. to 1 p.m., 846-
- Red Cross Babysitter's Training Course, Newport Public Library, Stride Meeting Room, 1 to 5:30 p.m., 846-8100.
 - Winter Lecture Series, Newport Art Museum, 2 p.m., 848-8200.
 - · Soup kitchen at Community Baptist Church, military volunteers welcome, 4:30
 - Candlelight Tour, Belcourt Castle, p.m., 846-0669.
 - Common Fence Music, Common Fence Point Community Hall, 8 p.m., 683-5085.

SUNDAY, Jan. 12

· Chapel of Hope worship services:

- —Catholic mass, 9 a.m. and noon - Protestant Services, 8 and 10:30
- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.
- Soup Kitchen at Salvation Army, military volunteers welcome, 4 to 4:45 p.m.
- Candlelight Tour, Belcourt Castle, 6 p.m., 846-0669.

MONDAY, Jan. 13

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per per-
- Soup kitchen at Martin Luther King Center, military volunteers welcome, 8:30 a.m.

Church, military volunteers welcome, 11:30 a.m.

TUESDAY, Jan. 14

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.
- Soup kitchen at Martin Luther King Center, military volunteers welcome, 8:30 a.m.
- Effective resumes, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
- Soup kitchen at St. Paul's Church, military volunteers welcome, 5 p.m.
- · Officers' Club movie night, at 6 p.m., Swimfan (PG-13), at 8 p.m., Four Feathers (PG-13).
- Family Skating Party, The Born Family Skating Center, 6:30 p.m.

WEDNESDAY, Jan. 15

- · Soup kitchen at Martin Luther King Center, military volunteers welcome, 8:30 a.m.
- "Mutual Funds," Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
- · Soup kitchen at United Baptist, military volunteers welcome, noon.
- · Soup kitchen at Newport Congregational Church, military volunteers welcome, 5 p.m.
- •"Grrrr...Dealing with Dog Aggression," Potter Pet University Class, Potter League for Animals, 6:30 p.m., 846-8276.

THURSDAY, Jan. 16

- · Soup kitchen at Martin Luther King Center, military volunteers welcome, 8:30 a.m.
- "Architecture: A New Look at 19th Century Newport," by John Tschirch, Rosecliff, 11 a.m., 847-1000 ext. 160.
- Your Ticket to Ride, how to shop for a new or used car, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.
- · Soup kitchen at St. Paul's Church welcomes military volunteers, 5 p.m.
- Owl Prowls, Norman Bird Sanc-• Soup kitchen at St. Joseph's tuary, 6 to 7:30 p.m., 846-2577.

She values the small things she used to take

Jim Glover said his wife was deprived for so

The experience heightened her sense of fami-

"I now know how proud my kids are of me.

"If my biggest problem was trusting too much

and it cost me the game, it wasn't a bad way to

come out," she said. "I came back with my in-

ly unity. Absence does make the heart grown

Maybe they always thought it, but I got to hear

for granted, such as pillow under her head, a

sheet to cover her body, and the ability to go to

long, she's less interested in creature comforts.

"She is satisfied with what she has," he said.

the refrigerator any time she wants.

it. That made it all worth it for me.

fonder, she said.

tegrity intact.'

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*Allestania/reser - 2016 마리 환자 이번 가셨습니?

Southern Tradition

Schedule of Events

- Fri., Jan. 10th Teen Beading Workshop 6 p.m.-8 p.m. \$25
- Set, Jan. 11th Wire Wrapping and making Necklaces 10 s.m.-12 noon - \$25
- Mon, Jan 13th Beginner Crochet 5:30-7:30 p.m. 6 weeks -\$65. Taught by Sandi Gabriel you will learn the basic stitches and make a child's ewester.
- Fri., Jan. 17th Beading 101 6 p.m.-8 p.m. \$25
- Set, Jan. 18th "Peace and Happiness" Mittens 10 a.m.-1:00 p.m. Everyone is a sked to bring in Sama I balls of scrap yarn to share for this project \$25
- Wed, Jan. 22nd 12 noon-2 p.m. and Thurs, Jan. 29th 5-7 p.m.
 - Knitted pocketbook Pendant dass fee \$30
- Sat, January 25th 10 a.m.-2 p.m. Valentine Charm
- Sunday, January 26th 10 a.m.-4 p.m. Beads and Brunch From basic beading to caterpiller bracelets. Fee to be determined.

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Workshop can help you create an effective resume

A resume is one of the most want to buy a new car. An imbest car for a fair price? important tools when looking for a job. Come to the Fleet and Family Support Center on Tuesday, Jan. 14, from 11:30 a.m. to 1 p.m. and learn how to prepare an effective resume that will get you an interview.

This workshop will cover what to include on your re-

Fleet and Family **Support Center**

sume, which format to use, and other resume writing tips. For more information or to register, call 841-2283.

Mutual funds—-Bring your lunch to the Fleet and Family Support Center on Wednesday, Jan. 15, from 11:30 a.m. to 1 p.m., to learn about mutual funds. A representative from the Navy Federal Credit Union will tell you what a mutual fund is, how your money is invested, about regulations, types of funds, and more. Reservations are required and may be made by calling 841-

Shopping for new car?—You

Spouses offered employment aid

The Department of the Navy and Adecco have formed a partnership to help Navy spouses find employment resulting in the Adecco Career Accelerator program. Adecco is the largest employment services company in the United States and the world.

Adecco recruiters will assist spouses in finding temporary or full-time employment with local businesses. There is no minimum education skill level required to register for the program.

Registrants may participate in free software and keyboard training sessions to improve their skill sets and are eligible for benefits such as vacation and holiday pay, 401K, and tuition assistance. All benefits are transferable to any of the nearly 1,500 Adecco offices throughout the United States. Enrollment in the Adecco Career Accelerator program is free of charge.

For more information, visit the Fleet and Family Support Center, Building 1260, or call Walt Shaughnessy or Fran Christian at 841-2283.

age of your dream car hovers in

Come to the Fleet and Famiyour mind—it is shiny, color- ly Support Center on Thursstanding between you and 1 p.m., to find out how to gathyour dream car is the dreaded er your resources and be well

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sentative from the Navy Federal Credit Union will provide you with the "ins and outs" of ful, and purrs like a kitten. But, day, Jan. 16, from 11:30 a.m. to Learn how to attain your finan-checkbook balancing at the cial goals by transforming your Fleet and Family Support Cencheckbook into a personal fi-ter on Tuesday, Jan. 21, from

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XO'S FAVORITE — The Executive Officer's Award went to 136 Admiral Luce St., Coddington Cove, for the 'best use of animal representation in an overall holiday display.' A penguin was singled out as the clincher.

A touch of class

April Potter, left, and Susan Virden arrange greens on a sled as part of their joint holiday decorations display at 154/156 Jones Street, Coddington Cove Housing. Their creations won the Commanding Officer's Award for its 'outstanding adherence to better living through decorating, according to Martha Stewart.' It was judged a 'very tasteful and delightful presentation.'



NAVSTA recognizes best holiday displays

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

It looked a lot like Christmas last month at Naval Station Newport, as the various housing area residents decked out the exterior of their housing units to celebrate the spirit of the season.

April Potter and Lt. Cmdr. Roy and Susan Virden.

"Our theme was 'Homemade Natural Decorations,' "Mrs. Potter said. "We made the burlap trees, ice ornaments,

To add to the celebration, the NAVS-TA Housing Office held its second annual Holiday Decoration Contest. Winners were selected on Dec. 18. Capt. Ruth Cooper, Commanding Officer, NAVSTA, participated in the judging

The Commanding Officer's Award DISPLAYS, Page 9

was presented to 154/156 Jones St., Coddington Cove Housing. They are the residences of Maj. Aaron and Mrs. April Potter and Lt. Cmdr. Roy and Susan Virden.

"Our theme was 'Homemade Natural Decorations,' " Mrs. Potter said. "We made the burlap trees, ice ornaments, and natural bag luminaries; and used pinecones, garlands, greenery and a chain-saw carved snowman created by a local artist to complement our decorations.

"While many Christmas decorations



Monica McKee arranges imitation poinsettias in hanging baskets outside her unit at 39 Constellation, Coddington Cove Housing.





KATE Ferreira, left, straightens a wreath over her window at 40 Constellation, Coddington Cove Housing, while neighbor Kimberly Jones of 37 Constellation, adjusts the garland and ground lights outside her front door.

LINDA Tomasi, and her son, Nathan, 8 months, pose outside their unit at 41 Constellation, Coddington Cove Housing. She and her neighbors, top photos, in the culde-sac won the **Command Master** Chief's Award for 'best coordination amongst the largest number of houses.'





HOUSING MANAGER's Award for 'best use of icicles at a lower level than rooftop,' was awarded to 143A Lawrence, Anchorage Housing. The unit is occupied by Master-at-Arms First Class and Mrs. Christopher Begeal.

Displays

Continued from Page 8

are beautiful at night, our main goal was to create an appearance that would be attractive during the day, as well," she said.

The other winners and categories were:

The Executive Officer's Award —136 Admiral Luce St.,

Coddington Cove Housing. It is the residence of Lt. and Mrs. Stephen Polk and was recognized for the best use of animal representation in an overall holiday display. The judges especially liked the lawn penguin.

The Command Master Chief's Award — Units 34 through 39 Constellation Avenue in Coddington Cove Housing. Residences of Chief Hospital Corpsman David Jones: Chief Machinery Techni-John cian Schmeckenbecher; Chief Electronics Warfare

Technician Mark Ferreira; Chief Boatswain's Mate Michael Tomasi; Chief Quartermaster Michael Jones; and Chief Electrician's Mate Michael McKee.

The cul-de-sac was recognized for the best coordination of decorations amongst the largest number of houses.

The Dean's Award – 33 Jackson Court, Fort Adams Housing. Residence of Lt.

ing. Residence of L Col. Kim Johnson.

The Housing Manager's Award — 143A Lawrence Street, Anchorage Housing. The residence of Master-at-Arms First Class Christopher Begeal was cited for "the best use of icicles at a lower level than rooftop."

At-Large Awards:

A. 27 Columbia Court, Greene Lane Housing, and the residence of Cmdr. Craig Richey. It was recognized for the best 270 degree display of coordinated window decorations in a highly visible location.



WILLEM MONTFOORT straightens his back yard display of spiral Christmas trees and grazing reindeer at 33 Jackson Court, Fort Adams, which won the Naval War College Dean's Award. He and his wife, Lt. Col. Kim Johnson occupy the unit.

B. 438 Warley, residence of Lt. Charles Leonard; and 440 Warley, residence of Ensign Shane Knisley. The duplex in Melville Housing was selected as best decorated, "complete with music and dancing children."

Winners will select trees in the spring that will be planted in their housing areas in celebration of Arbor Day. In addition coupon books will be awarded, redeemable for free and discount goods and services at various Morale, Welfare and Recreation facilities.

Submissions for the "Door" Decoration Contest sponsored by the Morale, Welfare and Recreation Department, will be judged today and will appear in an upcoming Newport Navalog.

Ron Fontaine/U.S. Navy photos and contributed photos

Officers' Club (Building 95, Phone 841-4821, 846-7987 or 849-3693)

Portions of the Officers' Club are undergoing renovations and will be secured until Monday, March 10. Lunch, nightly specials and a limited pub menu will be available Topside. Every effort will be made to keep customers informed of closures or relocations due to the renovations. Thank you for your patronage and we look forward to serving you in a newly renovated facility later this year.

Today: Lunch, 11 a.m. to 1:15 p.m., Topside Pub, buffetstyle selections.

Tonight: Kick off the weekend right with complimentary hors d'oeuvres in the Topside Pub every Friday from 5 to 7 p.m. As always, you can order your favorite beverages or something from the pub menu, available until one hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before

Upcoming Events:

Advance tickets may be required for the following

Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

Feb 14: All hands Valentine's Dinner Show: All hands are invited to treat their valentine to an exquisite gourmet dinner followed by dancing to the high-energy sounds of the incredible Ronnie Rose, on Fri-

day, Feb. 14 at the Hyatt Regency.*

The romantic menu begins at 6 p.m. with hors d'oeuvres and cocktails (cash bar). Baskets of warm bread and Caesar salad are the preview for the main course — a choice of sumptuous Chateaubriand or baked stuffed lobster (Meal selection must be made when purchasing tickets.) Dessert for two is oversized strawberry shortcake topped with fresh whipped cream and served with piping hot coffee.

After dinner, lace up your dancing shoes and take to the floor as you enjoy an energetic and musically diverse performance by Ronnie Rose. Practice your ballroom dance skills, revive smooth moves from the 50s or dance to today's contemporary favorites all in the same evening.

Your Valentine is going to love you if you purchase tickets to this fabulous evening of

THIS EVENT IS OPEN TO THE ENTIRE MILITARY COM-MUNITY.

Tickets to this romantic event cost \$50 per person, including gratuity and will be on sale Monday, Jan. 13, at the Officers' Club Gift Shop. To purchase by phone using Visa/MC, čall 846-7987.

Because of the Officers' Club renovations, this event is being held at the Hyatt Regency on Goat Island. Many thanks to the Hyatt!

Enlisted Lounges (Recreation Center, Building 656, phone 841-3054)

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New Englandstyle clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Unwind after work at the Recreation Center with a complimentary hors d'oeuvres buffet from 5 to 7 p.m. Or, enjoy a delicious fish and chips dinner from 5 to 8 p.m. for just \$4.75. Fish and chips are available for take out; no home de-

So, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

Saturday: 11 a.m. to 11 p.m., Pub menu available from 1 to 9

Sunday: Noon to 8 p.m., Pub menu available until one hour before closing.

Monday-Friday: Breakfast, 7:30 to 11 a.m., full menu featuring omelets, breakfast sandwiches, bagels, muffins, croissants and pancakes.

Lunch, begins at 11 a.m., daily specials and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense civilians are always welcome.

Call for advance order takeout. No home delivery.

Monday is "Pile your Plate' with Pasta night, 5 to 8 p.m. Enjoy pasta, marinara sauce, meatballs, sausage, salad and more! Just \$4 per person.

Tuesday is "Taco Night," 5 to 8 p.m. Create your perfect taco using all your favorite ingredients for just \$1 each!

Weekly pool tournaments: If you love the friendly competition of a pool tournament, the Recreation Center is the place for you, every Tuesday night! It's the only place you can enter a winner-take-all, doubleelimination tournament for





Prime Properties

136 West Main Rd., Middletown + 849-2800



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Check out this 4 bedroom, 15 bah Newcork Conest. Nicely landscaped yard, off-afrect parking nice religious col. \$279,900 Cell Deve friscouley at 843-2500;219 or 802-0205. #210919



3 bedroom home with open, siny first floor, large state freplace, but tub and in-ground pod, 2 or garage. Studied an a comer lot option of Call John Shine 315-25000:252 or 302-3829. \$224839



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Saturday is Ladios Night

1/2 Price Menu

Monu Fronzy \$9.95 . . . Every Sunday 5-9 p.m.

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Overflo's ... Wave Ave., Middletown





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Business

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Start new year on dance floor

Get out your dancing shoes and waltz into the new year with fabulous ballroom dancing classes! Classes will begin on Wednesday, Jan. 15, at the **Knights of Columbus on Valley** Road in Middletown, but you must pre-register, so come into the Ticket Connection, Building 656 today!

Ticket Connection

The eight-week course covers the basic steps of three different dances and will have you steppin' out on the dance floor in style in no time!

Choose the American class which is held from 7 to 8 p.m. and teaches you the waltz, foxtrot and swing, or sign up for the Latin class which is held from 8 to 9 p.m. and teaches you how to tango, rumba and

If you have already mastered the basics, you can register for an Advanced class, taught from 9 to 10 p.m. Cost is \$48 per person for eight 1-hour classes, and \$80 per person for eight 2hour classes.

Ballroom dance classes are even more terrific when taken with someone special and they would make a great Valentine's Day gift! Register at the Ticket Connection, Building 656, or call 841-3116 for more information.

Hit the slopes on our ski trip

Now is the time to sign up for the Ticket Connection's annual ski trip on Saturday, Feb. 1!

This year, the bus heads to Hampshire's Sunapee, featuring nine lifts and 60 trails covering over 220

Novice, intermediate and expert skiers as well as snowboarders will find trails to challenge their skills.

Cost is \$49 per person including round trip transportation and an all day lift ticket. Departure time is 5 a.m. and we will return at approximately 8 p.m. Call 841-3116 for more information.

Let's cruise to Nova Scotia

Sail away with the Ticket Connection on a weekend cruise adventure to Yarmouth, Nova Scotia, over Memorial

Day weekend, May 23-25.

The price is just \$260 per person (double occupancy for adults), \$165 for children 5 to 12; \$75 for children 1 to 4; and \$3 for infants under 12 months.

NOTE: This trip, however, is not recommended for infants and toddlers due to space restrictions on the motorcoach

and overnight cabins aboard nental breakfast, one dinner ties with audience participa-

The fun-filled weekend begins with round-trip motorcoach transportation from NAVSTA Newport to the ferry terminal in Portland, Maine, upgraded over-night cabins aboard the Scotia Prince, one casino, Las Vegas style revue, full breakfast buffet, one conti-

buffet, and and one-night stay at the Rodd Grand Hotel, and much more!

of floating fun and has all of the amenities of a regular cruise ship including a full gaming live music for dancing, activi-

tion, a full dining room and duty free shopping.

Once in Yarmouth, you will The Scotia Prince is 475 feet have a day to enjoy and ex-

> The balance is due no later than April 4. Space available, fully-paid reservations will be accepted until April 25.

"The accident was 20 miles from nowhere in Montana. US Family brought us home."

"My wife and I were in an automobile accident in Montana, 20 miles from the nearest town. It took two ambulances and two aircraft to air-evac us to Billings. She was in intensive care for a week. After a few more weeks, when I thought I'd be spending the rest of my life in Billings, Montana, the Uniformed Services Family Health Plan sent a Lear jet out of Denver, it landed at \$:00 a.m. and we were on our way at 9:00 a.m. - the pilot, copilot. ambulance attendant, flight nurse and the two of us. Four hours later we landed in Hyannis, where an ambulance was waiting to take my wife to the rehab hospital in East Sandwich. I thought that was rather extraordinary."



Rod Walz, US Air Force, Ret. US Family Health Plan member, Falmouth, MA.

At US Fandiv Health Plan, our mission is to help you get the care you need even in the middle of newhere. Escoliment is open all year - to sellary beneficiaries of all ages. For ourse information, cell 1-600-618-8869.







Newport Navalog, Friday, January 10, 2009

Choristers seek new voices

The Newport Navy Choristers organization is seeking new members in all voice ranges, especially tenors.

This year marks the Choristers' 50th anniversary. Since its beginning in 1953, the organization has raised over \$300,000 for local military and civilian charitable organizations.

Membership is open to all active duty, reserve and retired military, Department of Defense personnel, and family members ages 16 and older.

Rehearsals are Tuesdays, 6:15 to 8:45 p.m. in Quinn Lecture Room at the Naval War College. Pat McGue at 849-1135 has in-

Get MWR gets website, offers information online

The Morale, Welfare and Recreation Department has announced the completion of the new website! Just log on and get all the latest MWR info right on your computer!

Computer users can check upcoming events, read the latest Leisure Times, confirm hours of operation for our facilities, get phone numbers and more! It is the best way to keep connected all the fun, fabulous things MWR has to offer!

To check out the site, visit www.nsnpt.navy.mil/mwr.

Navy Region Northeast readies for Snojam 2003!

Navy Region Northeast, Fleet Recreation, and The Morale, Welfare and Recreation (MWR) Department invite all active duty, reservists, retirees, Department of Defense civilians, MWR employees and their families and guests to SNOJAM 2003, Jan. 31 to Feb. 2, at Berkshire East Ski Resort in Charlemont, Mass.

Here is the deal: A three-day, two-night lift ticket; two nights local lodging; free lessons; beginners race; Fleet Recreation Classic Giant Slalom Race; Slide for Life Slalom; and an extraspecial SNOJAM Awards Banquet. A complimentary souvenir shirt will be given to each paying attendee.

The cost is \$140 for active duty, reservists, and adult family members (double occupancy); \$150 for retirees; \$75 for non-skier adults; and \$160 for all civilians (DoD, MWR.) The weekend lift ticket price for students ages 12 through 18 is \$45; and for juniors ages 5 through 12, \$35.

Rental equipment is available at MWR's Gear Rental in Building 303 or at a special rate at the mountain. Unit recreation funds and no cost orders are authorized for this event.

So come out and join the others from the Northeast Navy Community for a relaxing weekend nothing but good snow, good times, and good friends at a GREAT price!

This trip sells out fast ... and space is limited! So register today by mailing a check made payable to MWR to: FLTREC-BOSTON, BLDG 24-BNHP-NAVY YARD, CHARLESTOWN, MA 02129. Deadline is Tuesday, Jan. 21. For more information, contact Dan Tusinski, by calling (617) 242-5672, DSN-955-4958.

Leisure

Special fitness activities (Gym 109, 841-3154)

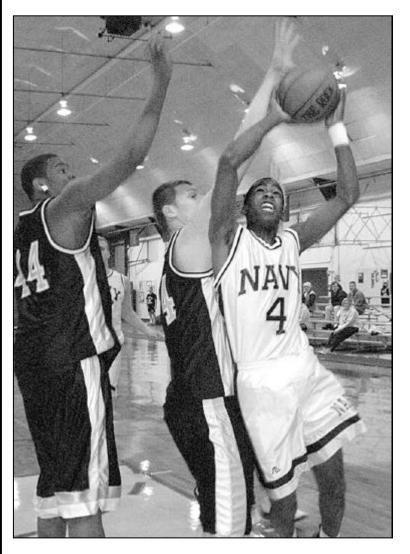
The adult intramural basketball league is open to active duty, retirees, reservists, dependents and DoD civilians ages 18 and over and is divided into age categories for players 18 and over and 35 and over.

Games are played Monday through Friday nights at 5:30, 6:30 and 7:30 p.m. on Courts 1 and 3.

There is a \$15 fee for DoD civilians and teams are limited to four DoD participants. All teams are required to pay a \$100 refundable forfeit fee, and teams must have matching shirts with numbers by the first game.

Registration will be accepted Monday through Friday 8 a.m. to 4:30 p.m. at Gym 109 until Friday, Jan. 31.

Sports



UP FOR TWO -Naval Academy School's Prep David Rhoiney (4) of Long Beach, Calif., drives for a layup against **Bridgton Academy** Maine Wednesday night at Gym 302. The No. 2 ranked prep school team in the country stopped the Rams, 89-62. NAPS takes on Maine Central Institute on Sunday.

PHC (AW) Jon Hockersmith /U.S. Navy photo

Navy Prep women cagers rule St. George's mini-tournament

By LT. J.G. PATTI BRADY NAPS Women's Basketball Coach

The Naval Academy Prep School's women's basketball game was fired up for its first game of the season against Division III Coast Guard Academy, but came up short, 47-24,

Navy's Robin Roberson was the leading scorer, with 10 points and Rebecca Tilton followed with 5.

The Rams were unable to overcome the height advantage of Coast Guard with speed and ball movement.

On Jan. 23, the Rams will have another opportunity to defeat the Bears in their arena.

Using good ball movement and strong rebounding, the Rams tallied a win over Quinasigamond Community College, 46-42.

Roberson led the team in scoring with 21 points while point guard Anthonie Hoffman followed her with 8 points. This was a game won with simple fundamentals and teamwork.

With every player contributing to the action, the team was able to balance its record to 1-

At St. George's School in Middletown early last month, NAPS played in a mini-tournament consisting of playing three different high schools in 20 minute games. The Rams' first victory was against Rogers High School, 41-25. Veronica Perez and Jenni McPhillips provided some good defense, while Roberson and Lauren McCabe led the team on the offensive end with 9 and 8 points, respectively.

Providence Country School and tallied another win, 43-27. "Our full court press was working well and once again team captains, Tilton and Roberson led the way with 16 and 8 points, respectively," the coach said.

With two down and one to go, the Rams faced the home team, St. George's, hoping for a clean sweep.

This game was quite physical and NAPS relied on its various zone defenses to counter offensive attacks. Foul trouble by St. George's (12 fouls) was its downfall as a disciplined NAPS team only committed two. It was the foul shooting of Tilton and McCabe in the final seconds that put NAPS ahead of St. George's for a NAPS win,

NAPS swept the mini-tour-In game 2, NAPS played nament with three wins.

Graduation

Continued from Page 4

itage.

The class president, Command Master Chief Chris Justice, said, "Being with the Sailors of Class 104, is the best part of my experience."

Command Master Chief David Marr said, "The SEA gave me a greater appreciation of our naval heritage."

Established in 1981, the SEA is the capstone in the Navy's Enlisted Leadership Continuum pipeline for senior enlisted leaders. Upon successful completion of the 360 hours of instruction, students will gain 18 semester hours applied towards a college degree.

Members of Class 104 graduating class and their ultimate duty stations include:

CTRCS (SW) Frankie Alvarez, Naval Security Group Activity

AMCS (AW) Stanley Anasarias, Recruit Training Command, Great Lakes

ETCM (SS) Rick L. Atkins, USS La Jolla (SSN 701)

SCPO Mladen Bakovic, Croatian Navy

GSCS (SW) Raymundo S. Benito, USS Kinkaid (DD 965)

ETCM Daryl L. Bletso, USCG Cutter Tiscom

BMCM (SEAL/PJ) Michael D. Bloom, Naval Special Warfare, Unit

OSCS (SW) Donald K. Buchanan Jr., Assault Craft Unit 4

CTACS (SW) Gerald L. Burgess, Naval Security Group Activity, Fort Meade

HTCS (SW/AW) Richard W. Cederman, USS Gunston Hall (LSD 44) CMDCM(SW/AW) Ronald D. Chappell, USS Seattle (AOE 3)

EMCS (SWCC/SW) Charles B. Clement, Naval Special Warfare, Group Three

CMDCM(SW) Michael J. Conran, Fleet Technical Support Center Atlantic, Detachment

HMCS (SW/FMF) Jonathan A. Davis, Naval Surface Group Pacific Northwest

Northwest FCCS (SW) Tracy G. Day, Shore Intermediate Maintenance Activi-

ty, San Diego AGCM (SAW/SW) Arthur E. Deicke Jr., Fleet Numerical Meteorolo-

icke Jr., Fleet Numerical Meteorology and Oceanography

EMCM (SW/AW) William A. Do

EMCM (SW/AW) William A. Deselms, Navy Personnel Command, Millington

CMDCM (SW/AW) Hakim A. Diaz, USS Dwight D. Eisenhower (CVN 69)

YNCM (SW/AW) Mark A. Doolin, Chief of Naval Operations office (N095)

GMCS (SWCC/SW) Richard J.
Doucette, Special Boat Unit 20
EMCS (SW/AW) Wayne R

EMCS (SW/AW) Wayne R. Downey, Naval Intermediate Main-

tenance Facility, Northwest, Bangor, Wash.

ICCS (SW) Stephan A. Fontenot, USS Mount Whitney (LCC 20)

BMCS (SWCC/FPJ) Jerold D. Francis, Special Boat Team 22

CMDCM(AW/NAC) Earl M. Galloway, Naval Reserve Readiness Center, Fort Dix

Senior Master Sgt. Vincent C. Hill, ACC Inspection Squadron

CMDCM(SS) Dean W. Irwin, Submarine Squadron 22

HMCS(SW/AW) Derrell G. Jackson, USS Iwo Jima (LHD 7)

CMDCM(Patrol Squadron) Chris M. Justice, Carrier Airborne Early Warning Squadron 115

CMDCM(AW/NAC) Raymond G. Kern Jr., Naval And Marine Corps Reserve Center

QMCS(SW) Carol F. Kimbrough, Afloat Training Group Atlantic

QMCM (SEAL) Stephen D. Link, Navy Special Warfare Group One NCCS(SW/AW) Joseph D. Mack, Naval Surface Reserve Force

MMCS (SW) Paul H. Madore Jr., Surface Warfare Officers School

MUCS James G. Malmgren, Armed Forces School Of Music

ETCM(SS) Richard L. Marlinga, USS Asheville (SSN 758)

CMDCM(SCW) David A. Marr, Naval Construction Training Center

HTCS (SEAL) Terrie L. McCullah, Navy Special Warfare Group One

AWCS (AW/NAC) Jeffrey W. Murphy, Patrol Squadron 10

ATCS(AW) Stephen T. Okker III, USS Enterprise (CVN 65)

GMCS (SW) Terry W. Piper, Port Hueneme Division

MRCS (SW/AW) Frederick A. Prindle, Shore Intermediate Maintenance Activity NRMF

SMCS (SW/AW) Richard C. Pullins, USS Constellation (CV 64) YNCS (SW/AW) Waldemar Robles, Naval Surface Group Two

PRCS (AW/SW) Victor J. Samson Jr., USS Kitty Hawk (CV 63)

CMDCM(AW) Paul G. Serletic, Helicopter Antisubmarine Squadron 11

CMDCM(AW) Steven C. Shaw, Tactical Electronic Warfare Squadron 129

CMDCM(SW) Michael H. Sleeper, USS Taylor (FFG 50)

MACS(SW) Mitchell J. Smith, Naval Air Station, Keflavic, Iceland

SKCS (SW) Paul L. Smits, USS The Sullivans (DDG 68)

OSCS(SW) Kevin T. Tallon, Naval Strike And Air Warfare Center CMDCM(AW) James D. Warren, Fighter Squadron Composite 12

BMCS (SEAL/FMF) George A. Young, Naval Special Warfare Center

ADCS (AW) Stephen P. Zielinski, Naval Strike And Air Warfare Center

CCRI courses

Continued from Page 5

Airs, Wednesday, 11 to 11:55 a.m. and 7 to 7:55 p.m.

Child Growth and Development (3 credits)— This introductory child development telecourse traces life's most extraordinary journey: the universal journey from babyhood to puberty...

Airs, Thursday, 10 to 10:55 a.m. and 6 to 6:55 p.m.

Parent and Child Relations (3 credit)—This course on parenting will explore the parent-child relationship as this relationship develops within the family.

Special attention will be placed upon the various developmental stages that both children and parents pass through and, in turn, how children and parents influence each other's development.

Selected topics such as alternative child-rearing methods, the effects of divorce on children and child abuse will be discussed. Airs, Thursday, 11 to 11:55 a.m., and 7 to 7:55 p.m.

Law of Contracts (3 credits)—Subtitled "Business and the Law," as with most introductory law courses, this course emphasizes contracts and the legal system.

By including modules on the law and sales, commercial paper, agency, and property—and examining such critical legal environment topics as government regulation, employment practices, and consumer and environment protection—students will gain a comprehensive overview of law and the world of business. Airs, Thursday, 10 to 10:55 a.m. and 1 to 1:55 p.m.

College Algebra (3 credits) — This intermediate course, "Modeling the World," applies algebraic principles to real-world settings as it lays the important groundwork for future study in college mathematics.

This series uses examples from everyday life to create meaningful lessons. As the curriculum comes alive through application, students will appreciate how algebra provides solutions to a broad range of problems.

Airs, Friday, 11 to 11:55 a.m. and 2 to 2:55 p.m.

Business Mathematics (3 credits)—Subtitled, "By the Numbers," is an innovative business mathematics telecourse.

The content evolves from

mathematical foundations, to basic business concepts, and then incorporates mathematics of retailing.

Prerequisite is MATH-0500 or its equivalent.

Airs, Saturday, 1 to 1:55 p.m. and 6 to 6:55 p.m.

Introduction to Oceanography (3 credits)—A study of the total marine environment with emphasis on basic facts and principles of physical, chemical, biological and geological oceanography.

Airs, Sunday, 10 to 10:55 a.m. and 1 to 1:55 p.m..

Introduction to Philosophy (3 credits)—Offering learners an in-depth analysis of the Western world, "The Examined Life" studies the great questions' that have intrigued philosophers from antiquity to the present.

Using writings of past philosophers and interviews with more than 50 contemporary thinkers, the telecourse episodes underscore how such questions as what is art? Does God exist? What is the meaning of life? Does the end justify the means?

Airs, Monday, 10 to 10:55 a.m. and 6 to 6:55 p.m.

American National Government (3 credits)—Voices in Democracy explore contemporary issues as examples of our government in action.

Its citizen-activist approach to the study of political science uses actual documentary footage and interviews with national experts and a variety of political figures to expose the student to a diverse collection of relevant issues and opinions.

The issues are simply presented and the individuals interviewed express their various beliefs and rationales, thereby providing the students a broad range of viewpoints while allowing them to see the democratic process in action.

Airs, Monday, 11 to 11:55 a.m. and 7 to 7:55 p.m.

General Psychology (3 credits) — "Study of Human Behavior" covers the fundamental principles and major concepts of psychology including: brain and behavior, sensation and perception, conditioning and learning, cognitive processes, motivation and emotion, lifespan development, the self and identity, sex and gender, test-

ing and intelligence, social influences, psychopathology and therapy, stress and health issues, methodology and new directions.

Airs, Wednesday, noon to 12:55 p.m., and Monday, noon to 12:55 p.m.

Marriage and Family (3 credits) — A survey of the basic factors of courtship, mate selection, engagement, marriage and rearing children in preparation for successful marriage and parenthood.

Marital values and problems are discussed. The course studies the family as the basic unit in society and its relationship to society as a whole.

Airs Tuesday, noon to 12:55 p.m. and Thursday, noon to 12:55 p.m.

Introduction to Anthropology (3 credit)—"Faces of Culture" is a provocative study of the structure and process of culture. Faces of Culture presents major features of culture including subsistence patterns, organizing devices, patterns for transmission of culture, economics, political organization, social control, and culture change.

Airs, Wednesday, 2 to 2:55 p.m. and Monday, 2 to 2:55 p.m.

Basic Spoken Spanish I (3 credits). A one-semester course for beginners. Emphasis will be on correct pronunciation of basic vocabulary in every day conversations. Dialogues for travel and other practical use will be learned.

This introduction to Spanish will prepare the student who never studied Spanish to use the language correctly within a limited context and to understand its basic structure.

Airs, Tuesday, 2 to 2:55 p.m. and Thursday, 2 to 2:55 p.m.

Students are encouraged to register early to purchase books and receive the course syllabus before the televised lessons begin. Course syllabus will be mailed to all registered students.

For more information call 401-455-6113 or for a complete description of the courses, go to www.ccri.cc.ri.us and look under What's New. The last day to register for the telecourses is Monday, Jan. 27.

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Newport Navalog, Friday, January 10, 2009

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TRICARE will open mail order pharmacy

WASHINGTON (NNS) — More than 400,000 military pharmacy mail order customers will be switched March 1 to a new TRICARE Mail Order Pharmacy program, according to Army Col. William D. Davies of the TRICARE Management Activity, Falls Church, Va.

Services will continue under the National Mail Order Pharmacy contract

Express Scripts Inc. of Maryland Heights, Mo., won the \$275 million, five-year contract last September to provide mail order pharmacy services for TRICARE beneficiaries.

The director of DoD pharmacy programs, Davies said beneficiaries who have refills remaining on prescriptions on March 1 will be transferred to Express Scripts so they can continue ordering medications on time, with a few exceptions.

Navy names DDG after commodore

WASHINGTON (NNS) — Secretary of the Navy Gordon England has selected the name Bainbridge for its newest destroyer, DDG 96.

As the Navy continues to recognize the 100th anniversary of the development of the destroyer type of warship (1902-2002), Bainbridge will be a stateof-the-art warship. It will be built at Bath Iron Works, a General Dynamics Company in Maine.

In 1902, the Navy introduced its first destroyer (DD 1), also named Bainbridge. The new ship will honor the outstanding and heroic service of Commodore William Bainbridge, who served in the Navy from 1789-1833.

Sailors overseas can buy vehicles VIRGINIA BEACH, Va. (NNS)

The Navy Exchange Service Command (NEXCOM) is now authorized to sell motor vehicles to authorized patrons serving outside the continental United States.

The new authorization allows the purchase of automobiles after the service member has been stationed overseas for 30 consecutive days. For mo-

purchases, service members must wait 90 days.

The new vehicles can be purchased for incountry or stateside

delivery.

"This is a great benefit for our military service members who will be temporarily assigned overseas for at least 30 days," said Phil Austin, NEXCOM services specialist. "We hope this change in the benefit will allow more customers to take advantage of the services offered by Exchange New Car Sales Program."

Previously, only those patrons assigned outside the United States who were on permanent change of station orders could purchase a new vehicle from Exchange New Car Sales for stateside delivery.

'Enduring Freedom' released to theaters

ABOARD BONHOMME USS RICHARD, At Sea (NNS) — A short film about Navy/Marine Corps activities during Operation Enduring Freedom will be released to theaters nationwide this month.

The five-minute film features interviews with Sailors and Marines who participated in Enduring Freedom.

"The purpose of the film is to powerfully communicate to the American public what the Navy and Marine Corps team is and who we are," said Lt. Col. James Kuhn, producer of the film.

"It's about the people wearing the uniform — from the 18-year-old rifleman in the middle of a hostile desert to the captain of a ship — their spirit, their sacrifice and their contribution to the defense of the United States.'

One of the Sailors interviewed was Boatswain's Mate Second Class (SW/AW) Brandy Sugden of USS Bonhomme Richard (LHD 6).

The film was tested in about 1,000 theaters nationwide, with audience polling results overwhelming positive.

The Enduring Freedom short film will be released to theaters across the nation soon. To watch it online now, go http://mcrsc.mfr.usmc.mil/usmchq/video/ef.asf.



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